

# Relationships and sex education at Goldfinch Primary



At Goldfinch as part of our summer wellbeing week, we teach our Sex and Relationships curriculum across the whole school. It is so important that children are given this education to support their emotional, physical and moral development.

## **How is RSE taught?**

We will be using the Medway scheme of work to deliver lessons with time for discussions and videos to support learning. In year 5 and 6, boys and girls will be taught separately to allow for more in depth conversations regarding puberty and relationships.

## **Where can I find out more?**

We are offering drop in sessions for families who would like to talk more about the resources used and to ask any questions they may have. There will be a panel of people who are available to talk to about any concerns you may have including our school nurse.

### **Sessions:**

**Monday 17<sup>th</sup> June 3-4pm    Wednesday 19<sup>th</sup> June 9-10am**

### **Overview of the lessons**

Year 1 and 2

My special people  
Growing up: the human life cycle  
Everybody's body

Year 3 and year 4

What makes a good friend?  
Falling out with friends  
Physical changes (Year 4 only)

Year 5

What is puberty?  
Time to change  
Physical hygiene  
Emotions and feelings

Year 6

Puberty: change and becoming independent  
Positive, healthy relationships  
How babies are made



If you have any queries please talk to your child's class teacher and we will be more than happy to answer any questions you might have.