



*The Aviary  
Out of School Care*

Monthly menu	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lasagne and salad	Cheese and onion toastie	Selection of savoury sandwiches	Crackers, cheese and grapes	Spaghetti hoops on toast
	Fresh Fruit	Fresh Fruit	Watermelon	Yoghurt	Sugar free Jelly
Week 2	Tomato Soup with French Bread	Jacket Potato with cheese and coleslaw	Crackers, cheese and grapes	Beans on Toast	Pitta pockets with a variety of savoury fillings.
	Fresh Fruit	Fresh Fruit	Ice Cream Roll	Yoghurt	Ice lollies
Week 3	Scrambled egg on toast	Lasagne and salad	Selection of savoury sandwiches	Homemade cheese and tomato Pizza	Spaghetti hoops on Toast
	Fresh Fruit	Fresh Fruit	Rice Pudding	Ice lollies	Sugar free Jelly
Week 4	Jacket Potato with cheese and coleslaw	Homemade cheese and tomato Pizza	Pitta pockets with a variety of savoury fillings.	Crumpets with a selection of crudités	Beans on Toast
	Fresh Fruit	Fresh Fruit	Ice lollies	Sugar free Jelly	Yoghurt